

FARM NAME _____

Doc.No. **2.03**

Title: **First Aid for Cuts and Abrasions**

Effective Date: _____

Reviewed by: _____ GAP Coordinator, Date: _____

1. A first aid kit is properly identified with signage and located where all employees have access to its contents.
2. If you obtain a wound or cut while working, you need to **stop working immediately**.
3. Contact your supervisor and have it attended to.
4. Here are the main steps for dealing with cuts on your body:
 - a. Cleanse area thoroughly with soap and warm water, carefully washing away any dirt.
 - b. Apply direct pressure to wound until bleeding stops.
 - c. Apply antibacterial ointment to sterile bandage.
 - d. Put sterile bandage on wound and secure with tape.
 - e. If cut is deep, get to a doctor as quickly as possible.
5. Now here are the main steps for dealing with abrasions:
 - a. Wash thoroughly with soap and warm water.
 - b. If it bleeds or oozes, bandage it to protect it from infection.
6. Attending to a cut or abrasion fast will help prevent infection. However, sometimes an infection can still occur; here are the main signs to look for:
 - a. Swelling
 - b. Redness
 - c. Pain
 - d. May cause fever
 - e. Presence of pus
7. If a wound is infected, or you just think it might be, get additional medical attention right away.
8. Record all incidents of cuts or abrasions on the Illness/Injury Reporting Log (3.08).